## Journal 2 Perception

There are several factors noted by the author that influence perception process and culture is a critical factor. Our perception of the world around us and our relationship with the environment is directly affected by culture. Sadly, there is a huge percentage of Americans today that do not believe they have culture. On the contrary, all of us have a culture, which is rather complicated thus making the average person less likely to recognize its influence.

Moreover, culture is an inherited aspect of our lives that always reminds us of our past.

Therefore, when making any decisions despite times changing and societies evolving I have to evaluate the model which we live by, that is the society. The culture affects my decisions in two functional ways, explicit and implicit. Explicit way is when I have to observe cultural expressions like holidays and rituals thus all decisions have to be in line with these expressions. While implicit way entails the values, philosophies that underlay these cultural contexts. When making decisions evaluations are made in regards to the expected cultural complications that may arise.

Recognizing all perceptions are subjective is an excellent way to improving interpersonal perception. Accepting other people's views is a great way to ensuring in scenarios where one makes a decision; it is also made in consideration with other people's viewpoint. Regarding other people opinions shows some form of respect to the other individual. With an understanding of also recognizing other people's perception it will help me to make an inclusive decision of everyone at play, it is not always my opinion that should have a final say but also by listening to other people will give me a chance to see how the world at large thinks about the same

## Journal 3 Self-concept

Self-concept is essential when it comes to relating with others because it is brought out by interactions with others. People in my life have influenced my self-concept in several ways. It does not always end with what one thinks about me but also what others say about me.

Social self-concept is regarded as the largest of the concepts. Because it is dependent on others peoples, the way I network with others gives an idea how well I appear to the world. In this era of faceless communication, it is difficult to actually know how well the intended person is responding because they are not physically present. The social aspect of self-has made me interact more with people without actually meeting them physically.

People will always try to gauge you based on the amount of possession you have. It is human nature always to quantify everything. Material self-concept entails quantifying an individual's most important items, may be clothes, property or oneself, is commonly noted in the developed world where people interact based on their social standards. With such kinds of demarcated networks, at times it is hard for the next generation to break free as their lives have already been organized. I have been affected by this concept when it comes to dealing with people from different social class, despite how well the product or idea is, one is always ruled out regarding how well do they command the world. However, it is important to take note that power and material possession are not a guarantee of a person's life, thus being open-minded is the best solution.